Towards Health Equity
School Based Health Care
Effectiveness and Innovation
John Schlitt, President
School-Based Health Alliance
Why the School-Based Health Alliance?

• Not all children and teens are thriving
• Persistent gaps for children and teens in health care access and quality
• Distribution of health in our nation is inequitable and unjust
We Believe…

- In the transformational power of the health and education intersection
Could someone help me with these? I’m late for math class.
Social Determinants of Health

- trauma
- overweight
- asthmatic
- early parenting
- anxiety
- violence
- homelessness
- hunger
- sickness
- depression
- vision impairment
- pain
- dental
Innovation: Realigning Health with Care

**Product:** broaden concept to ameliorate effects of nonclinical determinants

(Inadequate food, housing, safety)

**Place:** beyond medical complex → neighborhoods

**Provider:** nontraditional team members

(Community outreach workers, health educators, coaches, resource coordination)

Rebecca Onie, Paul Farmer, & Heidi Behforouz. Realigning Health with Care. Stanford Social Innovation Review
School-Based Health Centers

- Interdisciplinary
- Team-based
- Upstream of Disease
- Population focus
- Wellness
- Care coordination
- Root-cause
• 49 states + D.C.
• 18 state government programs
• 508 Counties
• 110 Hospitals
• 250 Community Health Centers
• 180 Academic/Provider Orgs
• 60 Local Health Departments
• 2300+ school sites
• Estimated 2.3M students
SBHCs: The Evidence Base

1. Increased use of primary care
2. Reduced inappropriate emergency room use
   Greater than 50% reduction in asthma-related emergency room visits for students enrolled in NYC SBHCs
3. Fewer hospitalizations
   $3 million savings in asthma-related hospitalization costs for students enrolled in NYC SBHCs
4. Access to harder-to-reach populations - esp minorities and males
   Adolescents were 10-21 times more likely to come to a SBHC for mental health services than a CHC or HMO.
Ethnic/Racial Profile of Student Population at Schools Served by SBHCs

- Hispanic/Latino of any Race: 32%
- White: 33%
- Black or African American: 4%
- Two or more races: 2%
- Asian/Pacific Islander: 4%
- American Natives: 3%

(n=1737)

National School-Based Health Center Census, 2013-14 – Preliminary Data
Learning Laboratories: SBHC Innovation

- Promoting Culture of Health in Schools
- Positioning for Health Reform Opportunities
- Adopting Technologies
- Focusing on Evaluation and Quality
Culture of Health in Schools

Trauma-informed care (ACE/RAAPS)
Employee Wellness
Substance Abuse prevention/early intervention
Healthy Eating/Active Living
Suspension Alternatives
Oral health preventive services
SBHC Accreditation

- Any Source: 70.3%
- State Certification: 43.9%
- Joint Commission: 41.1%
- NCQA: 22.2%

National School-Based Health Center Census, 2013-14 – Preliminary Data
Recognition of SBHC as a Patient-Centered Medical Home (PCMH)

- Any: 29.8%
- NCQA: 18.6%
- State: 18.4%
- Joint Commission: 13.6%

National School-Based Health Center Census, 2013-14 – Preliminary Data
Health Information Technology Use Over Time

Billing

EHR

Prescribing

2007-08 2010-11 2013-14

National School-Based Health Center Census, 2013-14 – Preliminary Data
SBHCs Using a Telehealth System

(n=1737)
Grow the number of SBHCs by 2018
Great school-based health centers

50% SBHCs documenting standardized performance metrics
Top 5 core standardized national performance measures for SBHCs

- Annual well child visit
- Annual risk assessment
- BMI Screening and nutritional/physical activity counseling
- Depression screening
- Chlamydia screening
Where Inequity Lives
June 26-29, 2016  •  Arlington, Virginia
HOW TO CONTACT ME

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